ANNUAL REPORT 2021

Associação Comunitária
MonteAzul

ASSOCIAÇÃO COMUNITÁRIA MONTE AZUL

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Annual Report 2021

IR Team: Ana Helena Oliveira, Benjamin Neumann, Martina Schmickl, Nele Dunsing, Richard Veloso, Stefany Bruno, Valeria Carrilho Rückner

Content: Program Coordinators and Managers

Writing and graphic project: Ana Helena Oliveira

Orientation and Revision: Valeria Carrilho Rückner

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Version 1

THE PRESIDENT'S WORD

The year 2021 began with great hope that the pandemic was over and that we could soon return to a more or less normal life. But soon this hope was dashed by the third wave, which lasted until the second half of the year. In September we opened some spaces in Horizonte Azul for outdoor recreational activities and assisted part of the children in all the nuclei, but only in November we managed to open the doors again to 100% of the children, teenagers and adults.

The children came back thirsty to play, to relate to each other, to express themselves artistically, to hug and be hugged. It was clear that remote assistance does not meet the needs of children, adolescents, and adults. Human beings need to live together with their fellows and with nature, otherwise they atrophy, become depressed, aggressive, and life loses its meaning.

It is no wonder that Monte Azul Ambulatory, Casa Angela, and the Basic Health Units received a huge demand of mentally weakened and desperate people. In addition to individual and integrated care, they developed a pandemic self- care booklet that helped to strengthen the resilience of those who made use of it.

The employees of the Family Health Strategy (ESF) worked tirelessly on the vaccine campaigns and other demands. Coordinators, Managers and employees did everything to maintain positivity, faith in overcoming these challenges, and hope that everything would pass.

Monte Azul is a living organism that feeds on the internal strength of its collaborators, their creativity, positive thinking, and the will to spread hope around them. There are more than 2,000 employees, who get up every day and seek this force of motivation within themselves. My enormous gratitude to all of you for this strength, for this resilience, for this faith!

You too, our partners, friends, and donors, have experienced the effects of the pandemic. Even so, you have not abandoned us and have continued to place your trust in our work, through your much needed financial or material donations.

In this report we want to show the ups and downs of this year 2021, which, despite all the obstacles had a very positive balance in the lives of thousands of people. We would like to thank you from the bottom of our hearts, not only for your trust, but also for the generosity of each one of you, whether you are far away or close by.

Renate Keller Ignacio

42 YEARS OF HISTORY

We renewed our Mission, Vision and Values

If, on the one hand, we are living in times that demand care and distance, on the other, we entered our seventh septennium revising our Mission, Vision, and Values towards Participative Planning. We understand that only with each one's contribution will we achieve our highest ideals.

Mission

To promote love, value diversity, and care for the development of the human being. To provide opportunities through education, culture, and health, seeking, in freedom, to reduce social inequalities and contribute to environmental balance.

View

To be a living organism that seeks innovative and creative solutions to the challenges of the present time; to influence public policies through its community actions; to strengthen and expand partnerships to sustain its actions, deepening and spreading its experiences and anthroposophically-based ideals.

Values

- Respect Individuality
- Be truthful
- Cultivate the good and the beautiful
- Trust in the transformative potential of oneself and others
- Be responsible in the socio-environmental context
- Be open to collaboration with anyone, regardless of hierarchy
- Have hope and trust in the development of humanity and in the ever-present help of the spiritual world.

PRESENTATION OF THE TERRITORY

Monte Azul Nucleus

The first nucleus was founded in 1979, when the Association was born, and includes the Monte Azul Community, with around 3,500 residents. It is part of the Jardim São Luís district and borders Vila Andrade, Santo Amaro, Socorro, Cidade Dutra, Jardim Ângela, Capão Redondo and Campo Limpo.

The following programs are currently in place: In the health sphere, Casa Angela humanized birthing house, Monte Azul Ambulatory and the Family Health Strategy (see specific information about this nucleus on page 7), with care focused on families from more vulnerable realities and the surrounding community; In the scope of education and social assistance, Infância Querida (CEI Monte Azul) welcoming early childhood, Nossa Ciranda (CCA Monte Azul), the Music School for teenagers, Caminhando Juntos (NAISPD Monte Azul) for people with disabilities, Tecendo o Futuro (CEDESP Monte Azul) working with young people and adults from the community with personal and professional training, Jovem Aprendiz widening the bridge to the job market; In the area of culture, the Raízes Culturais, responsible for managing the Monte Azul Cultural Center, and Pontinho de Cultura, which offers a healthy living space for children in complementary time to school.

Water Mine in the heart of the community.

Community Court, Tecendo o Futuro and Infância Querida.

The region is permeated by other socio-cultural equipments, offered by other NGOs and also by the government.

In 2021, the second year of the pandemic, the unemployment rate was falling (13.4%[1]), but social inequality remained high due to the drop in income - there was an increase in jobs, but with lower salaries. Part of the population resorted to the assistance of the programs, which through partnerships made it possible to donate food and basic items. The population living in vulnerable places and working 8 to 12 hours a day, or even families who live well, but who have lost part of their income, have resorted to public schools and after-school programs, generating high demand for assistance.

1 Source: IBGE - Number of unemployed people in the state of São Paulo - 2021

Peinha Nucleus

The Peinha Nucleus joined the activities of Monte Azul Association in 1985. Settled on a hill in Jardim Santo Antônio, next to João Dias Bridge, the Peinha Community is home to about 4,000 residents. It is part of the Vila Andrade district, formed by areas of high population density and social inequality.

It currently includes the Nossa Ciranda program (CCA Peinha), which welcomes children, teenagers, and their families. The invitation to the activities offered by the program is actively carried out. In 2021, due to the pandemic, the Peinha Nucleus continued to donate basic food baskets to the public served, in partnership with the city hall. The face-to-face activities gradually resumed for 20% of the children, 35%, 50%, and 100% of those attended by the end of the year.

A beautiful painting of the space's facade was carried out, which beautified the community and also strengthened the space as a reference.

Children play in the alley of the Peinha Community.

Hand painted mural at Nossa Ciranda Peinha.

The work of sewage channeling done by the city government sought to bring improvements to the community, but it is still in need of repair.

Among the health services in the surrounding area, the UBS Parque Arariba is the closest. And among the socio-cultural services in the region, we have the CEUs Paraisópolis and Casa Blanca and the Burle Max Park.

Horizonte Azul Nucleus

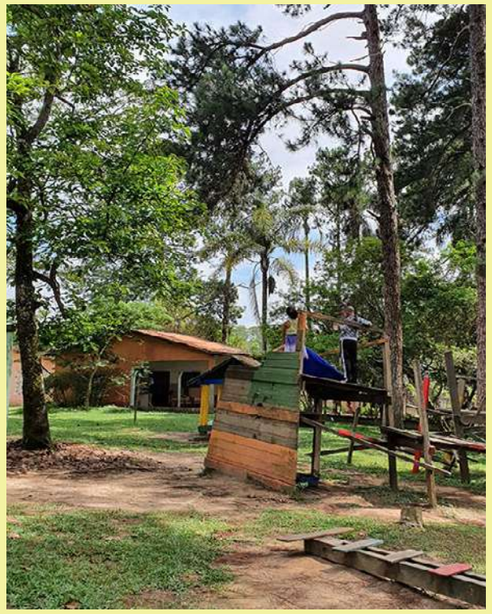
Horizonte Azul nucleus is located on a farm near the Guarapiranga Dam, a region where 38,000 families live, and includes the neighborhoods of Jardim Horizonte Azul and Vera Cruz. It belongs to the district of Jardim Ângela, which is among the 20 worst HDI (Human Development Index) of the 96 districts of São Paulo[1] . The growing social inequality has made the region a major focus of illegal deforestation, with irregular land offers, sheltering people from various regions of the country.

Active since 1983, it is the one of the main stage for the meetings of the Association. The actions are permeated by the idea of forming an educating neighborhood, that is, an aware community of the task of educating and self-educating.

The head office includes the programs Nossa Ciranda (CCA Horizonte Azul), Tecendo o Futuro (CEDESP Horizonte Azul), and the Resilience School, with a Waldorf pedagogy approach. Across the street, the program Infância Querida (CEIs Horizonte Azul and Flamboyant), the Educational Garden, and the Biodynamic Garden complement the activities offered to children, young people, adults, and the surrounding population.

Because of the pandemic and the articulation carried out since the previous year, the hospitality and ties with the most needed neighboring communities, such as Terra Prometida and the Settlement Vila Nova Canaã, have been expanded.

Source:
1 Map of Social Inequality 2020.



Structural Renovation

After the intense excavation, physical and building structure works, beginning in April 2020, the Horizonte Azul headquarters took on a beautiful format in 2021 and the access for pedestrians, people with reduced mobility and vehicles was released. Among the improvements, there is the structure to access the spaces, the preservation of the garden, handrails and locksmith services, renovation of the bathrooms, installations and electrical panels, thanks to the tireless work of the architects Anélis Tisovec and Pedro Tisovec, along with electrician Raimundo Nonato, done on a voluntary basis, as well as the support of partners and friends from Brazil, Germany, and Japan.

Family Health Strategy Nucleus (*Estratégia Saúde da Família - ESF*)

The Family Health Strategy Nucleus has been operating for 21 years managing 15 health equipment in the district of Jardim São Luís - being 1 AMA (Ambulatory Medical Care), 3 AMA/UBS Integrated, 9 UBS (Basic Health Units), 1 EMAD (Multidisciplinary Home Care Team) and 1 CAPS AD III (Psychosocial Care Center) - and offers health care to a registered population of approximately 265,393 people, distributed in 87,169 families[1].

In 2021, the strategy adopted was to focus on logistics: in addition to mass vaccination in basic health units, satellite support points in the communities were created. In partnership with the local Business Centre, the ESF Monte Azul managed the Mega Point. Another vaccination point that resulted from the network articulation was the Mega Drive in the courtyard of the M'Boi Mirim subprefecture. And the third point was the vaccination post at Guarapiranga Park. Each basic health unit also articulated flying posts, through community agents and unit managers - in churches, schools, and Friends of the Neighborhood Societies.

Vaccination came as hope. Users being vaccinated and celebrating SUS, celebrating life.

1 Source:
SIAB - Consolidated Report of the Families Registered for the Year 2021, extracted on 10/01/2022.

Each unit, with its management council, helped to disseminate the vaccination campaign. The active search for unvaccinated people, among them homeless people, was also a front of action. At the end of the year, with vaccination already stabilized, an influenza outbreak emerged requiring more care, support, resilience, and new strategies from the collaborators.

ACHIEVEMENTS 2021

Theme of the year: How do we become resilient in times of pandemic?

With all this delicate, painful, and dramatic world situation, we at Monte Azul Community Association are carrying out small fraternal and humanizing actions that are within our reach:

Maintaining the orientations to pregnant women and performing the humanized natural deliveries in our birthing center Casa Angela, also offering orientation to the first year of life;

Monte Azul Ambulatory provides remote and on-site assistance, whenever necessary, to the community that surrounds and welcomes us, and offers the booklet Self-Care in the Pandemic to its employees;

The UBS, AMAS, and CAPS serve uninterruptedly and courageously the entire population of the Jardim São Luiz region and surroundings with much struggle, sacrifices, and pain for the loss of lives;

We offered recreational and cultural activities in Monte Azul Slum and Horizonte Azul when there was a total shutdown of socio-educational and school services;

The Educational Garden had its gates open daily, offering warmth, herbs, and medicinal teas to the residents of the community;

We received food donations and delivered baskets to the needy residents, including two settlements near the Guarapiranga Dam;

Little by little, we have intensified the performance of the Social Workshop School (EOS), where each human being is seen as an integrality and not just as a productive and efficient professional worker;

Among so many challenges, we continue searching for possible solutions through therapists, doctors, educators, and friends: Encountering the human in the self through another human being;

Children and young people have also been and are still looking for meetings with classmates and educators from whom they rceived positive and loving reference; getting back to human coexistence and joy for life... and being able to dream again of a better world, to sing, to dance, to live in community;

The deaths brought us the possibility of learning things like valuing family life, developing more humility and less arrogance, cultivating less sorrow and resentment, learning to consider death as an integral part of life;

Monte Azul, as a space for healing that it has always been, continues trying to develop the cultivation of this atmosphere of warmth through the good, beautiful and true, constituting small "chalices of love" through the meetings in each area, in the work groups and in daily life.

The quality of the encounter, resulting from a conscious search, has intensified. It requires us to make decisions in our most intimate, in our deepest Self.

Times of pandemics, times for making existential decisions, times that urge us to "get off the fence" in order to live more fraternally and meaningfully. Time to fight and act to improve the already degraded environment.

In short, we can ask ourselves: Where do I find the life forces and soul strengths to help me become a little more resilient in times of pandemic?

Text by Mário Zoriki, Pedagogical Advisor of the School of Resilience and member of ACMA's Development Council.

To read the full text, click here.

External Participations

We highlight some virtual participations to which we were invited:

2nd Humanized Education Week – Moveh – Esdras de Faria, Dra. Renata Berrettini and Ute Craemer
Anthroposophy without Borders - Anthroposophical Society in Portugal – Ute Craemer and Rogério Coutinho
FEWB Social Schools Meeting – Telma Benedicto and Esdras de Faria
Alliance for Childhood Meetings – Renate Keller Ignacio
National Early Childhood Network (RNPI) Meetings – Renate Keller Ignacio
Philosophy of Freedom in Waldorf Education - Free School - Leidivânia da Mata and Rosana Dias
Innovation in Social Management: the case of Monte Azul - Pernambuco University - Valéria Carrilho Rückner
What have we learned? How do we design the future? - Rudolf Steiner College – Mário Zoriki
Orientation to "Ciranda Criativa" of Aracaju – Roberto Krust and Esdras de Faria
The Art of Creating Together, Transforming Realities - Rudolf Steiner C. – Susanne Rotermund e Anna Göbel
Integrative and Complementary Health Practices (IPCPs) in Integral Health Care - Oswaldo Cruz Foundation (Fiocruz)– Dra. Erica de Souza

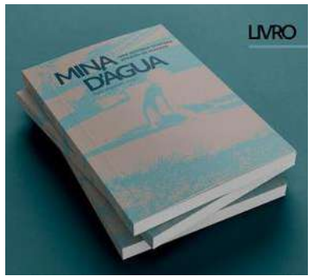
Periferia Brasil Trophy

On December 4th, Orpa Social organized the Periferia Brasil Trophy award ceremony. Ute Craemer, founder of the Monte Azul Association, was the Tribute of the Night with the Hope Trophy, for all her legacy and performance in the social area.

Goethe and Spiritual Science in Pandemic Times

Every Thursday, the study group Goethe and Spiritual Science in Pandemic Times, formed by educators and collaborators of the Horizonte Azul Nucleus, meets to strengthen its performance, a search towards the encounter of the human in itself and in the other. Meetings that inspired the resumption of the monthly events Pedagogy of Doing with Meaning and with Love, open to the community.

Mina D'Água Book



In 2021, a collective funding campaign allowed the printing of the photobook "Mina d'Água", made from beautiful historical images of Monte Azul. Among the various themes that appeared in the organization of the material - carried out by Ligia Ungaretti, who worked in the Association - the "Mina d'Água" (Water Mine), which sprouts in the center of the neighborhood, stood out.

"The collection of photographs records a memory that deserves to be preserved and told to the world. The idea of the book Mina d'Água is to honor the trajectory traveled by Monte Azul, giving strength for its work to continue in the future."

Help Feed a Family Campaign

The campaign to fight the coronavirus Help Feed a Family remained active in the second year of the pandemic, to help the families of children, youth and adults served by Monte Azul Association and extended its support to the surrounding communities. With the support of **69** individuals and **21** national and international partners, it was possible to donate **R$494.541,09** in food cards, which represented **817** family supplements. In addition, the campaign distributed **2.474** food baskets, 6 tons and 329 kilos of food, and 1.048 hygiene and cleaning kits.

Campaign Partners: Aumund Foundation | Banco de Alimentos | Clube Paineiras | Colaboradores Banco do Brasil - CENESP | Children Resources International (Japão) | Editora Antroposófica | GLS Treuhand - Zukunftsstiftung Entwicklung | ICMVS Empreendimentos e Participações Ltda | INDEX | Fundação Oswaldo Cruz (Fiocruz) | Freunde der Erziehungskunst | Pedagogia de Emergência | Mesa Brasil - SESC Campo Limpo | Projeto Nutrição (Instituto Nacional de Tecnologia e Saúde) | Mãe na Roda | Sabesp | Soul Kitchen | Secretaria Municipal de Assistência e Desenvolvimento Social | Secretaria Municipal de Educação | Secretaria Municipal de Saúde | Shanti Stiftung | Skypman Foundation | Sorvetes Los Los | Una Capital | Individual Donors.

Food, diapers, and hygiene products donated to the communities Terra Prometida and Vila Nova Canaã.

OUR AREAS OF ACTIVITIES

EDUCATION

Play... Wow... Ah... Ah...

Every day sand and earth are transformed into food and cakes...

The little rings become a telephone, a comb, a microphone, a flat iron for straightening hair... Ah, so many objects... so much imagination...

The leaves and seeds become precious jewels that are carried in the backpacks and purses and with great joy the children present their mothers, fathers, grandparents, and siblings with “real treasures. In this way the children build bonds, trust, and belonging. Babies and children imitate the adults around them in play, portraying scenes from everyday life.

Children are mothers, fathers, doctors, drive buses and cars, plant, cook, are hairdressers, teachers. Life is portrayed as it is, with meaning.

Play is something precious, the young child needs to exercise and cultivate these experiences to become resilient adults.

The child when playing transforms, creates, invents, dreams and makes.... Playing is something valuable, transformative, and necessary for the development of the human being and of life.

It is the child’s right to jump, climb, go down, slide, jump, and play, that is, to be happy, to experience life, to be a child.

Let’s strengthen these activities! Fathers, mothers, educators, grandparents, families, and the community, PLAY is health. PLAY is life. Playing is serious business.

Poetry by Esdras de Faria, Coordinator of Infância Querida Horizonte Azul.

Sweet Childhood (*Infância Querida*)

Attendances: 359 babies and children up to 6 years old.

Description: To provide a warm and caring environment for children's needs to express themselves, strengthen internal and external rhythms, and relate with joy and love.

Activities: Free play in the classroom and in the park/yard, storytelling, circles to establish daily rhythms, artistic and culinary activities. Celebration of the seasons of the year, with songs and table theater: Easter; Pentecost (Diversity); Saint John (Lantern Girl); Wind; Spring; Saint Michael (courage), Advent boat and Christmas.

"For us the biggest impact is the reflection of the teachers' work in the babies' and children's gestures, imitated in their play as they sing the daily music round, make their dolls sleep, tend the garden, take care of themselves and others."
Infância Querida Horizonte Azul Team

Financing Partners: Municipal Secretariat of Education | Institutional Partners.

Playing in Nature

In the Infância Querida Monte Azul and Flamboyant, the activities with the children in the gardens and the small flowerbeds were full of meanings: the preparation of the soil, the cultivation, the harvest, and mealtime encourage meaningful doing and the strengthening of individual and creative will.

Infância Querida Horizonte Azul also has a large backyard space with a diversity of plants and a small natural aquarium, where children take care of the fish and water the plants, as well as encouraging play in contact with the earth.

Spring theater, star children.

School of Resilience

Attendances: Children and adolescents from Elementary School and Childhood Education, served by APRS*.

Description: A school with a Waldorf curriculum in the outskirts of São Paulo, with a Pedagogy of Doing approach.

Activities: In 2021, face-to-face classes were resumed in an empowering way, providing health in a warm environment. Although the Elementary School serves up to the 5th grade, a 5th grade B was created to better serve and prepare children and families who wish to have a tutoring program.

Example of content experienced in class: "In art class, we experienced beauty through nature work with Uncle Everton. There were watercolor paintings, directed drawings, clay modeling, songs and verses during the classes. Roseli did handicrafts and cooking. And at the end of the year circus classes with Lívia, Lis' mother. Beauty was also cultivated through storytelling; we told legends of individuals who dedicated their lives to helping other people, and animal fables. The arts also helped invigorate the intense work done in math, reading and writing."

Financing Partners: *Maintained by the Rudolf Steiner Pedagogical Association (APRS) | Institutional Partners.

Visit to Casa Angela

"What a gift! Praiseworthy! Our 5th grade B students had the opportunity to be at Angela's House and hear about the birth with such love, respect and admiration. Everyone was amazed!" Teacher Creusa

On October 27 and 28, 5th graders made a visit to Casa Angela to experience the birth environment of babies. The students learned about the Plant Kingdom, the Animal Kingdom, and now they are learning about the development of the Human Kingdom. And a special surprise happened. Marina, daughter of Horizonte Azul collaborator Silvana and one of the students, was the first baby to be born at Casa Angela! During the visit, Marina met with midwife Helaine, who witnessed her birth.

SOCIAL ASSISTANCE

Grupo Narrativas - In the meeting with educators

I think that the main activity of a doctor is listening. With time and experience, we start to listen to unspoken complaints and to listen to unnamed pains in the body. It was from my longing for listening that the NARRATIVAS group was created. The goal was to move from individual care to group work, bringing information about common themes to the collectivity. Because of this, I started having meetings with community leaders who brought demands in which I could be useful.

In one of the meetings, I met the Pedagogical Coordinator of Nossa Ciranda, Giane Garcia, who carried with her the longing to speak and the desire to find a place where educators had a voice, where they felt welcome to talk about their daily challenges.

From that point on, we started weekly meetings with the educators of the Program, located in the Monte Azul Cultural Center, which serves about 210 children, aged 6 to 14, in the after-school hours. During the meetings, we talked about several topics relevant to the age groups served, and each educator brought practical examples that they experienced in their daily lives at school, making the discussion rich and fruitful not only for us, but also for the children who were being discussed.

We know that children are dependent beings, and that they bring to school pain and suffering that manifest themselves in behaviors that are often challenging for those who care for them. The educational professional who perceives the suffering behind the behavior carries the privilege and the responsibility of being able to be a vector of transformation, serving as an inspiration, participating forever in the affective memory of a person. What one feels for an educator who has changed his or her life is too great and too important for the teacher not to appropriate this possibility. Even because, nowadays, everyone who provokes a positive transformation in the world is a hero.

Text by Renata Berrettini, gynecologist at "Ambulatório Monte Azul." To read the full text, click here.

Our Ciranda (*Nossa Ciranda*)

Attendances: 540 children and teenagers from 7 to 14 years old.

Description: Space for coexistence and strengthening of bonds after school hours, aimed at children, adolescents and their family and community relationship.

Activities: Manual and artistic work, recording of videos for the class that followed remotely, with stories and proposed activities for sewing, painting, collage and challenge games. Presentation of rhythmic rodas at the end of each period. Staging of the "Lantern Girl" theater for the children and their guardians in open space. Walk of the Lantern in the alleys of the Peinha community and outdoors with songs of Peace and Hope in the Horizonte Azul headquarters. Saint Micael's experience and exercise of courage on the snail path, and for Saint Micael's challenge, a treasure hunt in the park. Children's Day Celebration at Burle Max Park, Rizzo Park, and at the farm. Walks along the banks of the Guarapiranga Dam and outings to the Clube Náutico. Meeting with the families to share the activities carried out.

"After the full face-to-face return at the end of the second semester, the work became more alive, had more laughs and rushing. A work that demands body, soul and heart from us." Nossa Ciranda Horizonte Azul Team.

Financing Partners: Municipal Secretariat for Assistance and Social Development| Institutional Partners.

Other partners: Alpargatas | Gustavo Freitas | Leite de Pedra | Mercado Freitas | Núcleo de Convivência para Idosos.

Something very special happened among the children of Nossa Ciranda Monte Azul

A child came in tears with a dead turtle that she brought from her home. She said she would like to bury her little turtle in our garden, because it was a place she liked very much, and she was very happy to study with us.

At her request, we held a funeral with a procession, burial, songs, and story to honor the little turtle.

The other children got emotional during this experience, saying that they missed their families and animals that had left. The child felt welcomed by the others in the group. We realized how important this moment was for the children to experience grief in a light and beautiful way.

Music School

Attendances: 75 students assisted at the Music School with violin, viola, and cello lessons; 24 students assisted at Peinha with violin lessons. Choral singing classes with the 330 students from Nossa Ciranda Monte Azul and Peinha.

Description: The Music School offers violin, viola and cello lessons, as well as choral singing and orchestra rehearsal to children and teenagers. The service is complemented by the Nossa Ciranda Musical program, which offers children recreational and socio- educational activities.

Activities: The Music School was invited to make the opening of Waldorfest 2021, an event held by the São Paulo Waldorf School, in September, and also performed in a live Thank You to the Partners of the Monte Azul Community Association. In the beginning of December, the students of the School played at Peinha, to integrate the nuclei and to stimulate the students that take violin classes, and also the colleagues and teachers of EE Zulmira Cavalheiro Faustino, school where many of them study. Christmas songs, written by the choir teacher, were recorded for presentation to the families.

Financing Partners: BNP Paribas (Projeto Dream Up) | GLS Zukunftsstiftung | Kindermissionswerk 'Die Sternsinger | OMNI Trade Brasil | UNA Capital | Doadores Pessoa Física.

Other partners: Cultura Artística | Orquestra Filarmônica de Dresden.

Watch the presentation made at the opening of Waldorfest 2021

Walking Together (*Caminhando Juntos*)

Attendances: 85 young people and adults.

Description: Promote the social inclusion of youth and adults with intellectual disabilities. Supports individual, social and community development and guides families to access their rights

Activities: Sending videos with daily and weekly rhythms, as well as materials and guidelines to perform activities, such as: production of candles on eggshells, flags with newspaper and drawn sulfite, bottle of calmness, mandala with seeds, painting of primary colors with gouache paint, sewing with string on cardboard, among others. As of May 2021, the following on-site artistic activities were offered: watercolor, tie-dye on T-shirts, paper pen holders, and lamps, among others. With the increase in attendance in October 2021, we held the following classroom workshops: decoupage in glass plates, making maracas, rope and boxes sousplats, and boxes for utensils with ice cream sticks. We worked on the Christian seasons (Easter, Pentecost, St. John, Michael and Nicholas) through playful and artistic activities.

Financing Partners: Municipal Secretariat of Assistance and Social Development | Institutional Partners.

Other partners: Instituto Olga Kos | Mesa Brasil - SESC Campo Limpo | Eike Yoshimura | Friends of Araucária Summer Camp and Rudolf Steiner School.

Working with families

The person responsible for the person assisted is invited to participate in an activity, while the youngster is in another room, and through manual work it is possible to strengthen ties and talk about existing needs.

An opportunity to take care of themselves as they are so focused on the other. We believe that a strengthened family strengthens the young person being cared for. The family comes because they like it, and the demands come when they feel confident. The exchange and referral by the multiprofessional team also enables the broadening of the view of the development of the patient.

Caminhando Juntos also encourages reflection on the support network around the young person and the formation of parent/caretaker groups that help strengthen each other.

Weaving the Future (*Tecendo o Futuro*)

Attendances: 408 young people and adults up to 59 years old.

Description: It offers vocational and professional workshops for young people and adults, strengthening their will in the world in a conscious and responsible way.

Activities: The following training workshops were held in the two centers: Administration and Logistics, Administrative Assistant, Confectionery, Conviviality and the World of Work, Fashion Design, Information Technology, Carpentry, Marquetry and Furniture Assembler.
In parallel: theater, mandala design, sports, mosaic, and sign language studies.

In November, the actions promoted on Black Consciousness Day were of commemoration, awareness, and reflection. The Sarau da Consciência (Awareness Soirée) and conversations took place in the Horizonte Azul Nucleus, and there were presentations and artistic manifestations among the young people from the Monte Azul Nucleus.

In October, **"Impulsionando o Futuro" Project** was started, which contemplated the replacement of the computers and the hiring of a Portuguese and a math teacher, to support the cognitive development of the students.

In December, the young people participated in **"Auto de Natal" Theater** - presented in three moments: to the children and families of the Horizonte Azul Nucleus, at Vila Nova Canaã Settlement and at Fazenda Esperança, a recovery home for drug addicts in Parelheiros.

In the Fashion Design course, workshops were held with **mosaic art**, with the elaboration of individual pieces and a collective action to beautify the entrance wall of different areas at Monte Azul Community.

Promoting the strengthening of family ties is one of the premises for the institution to become a potentiality for the territory. For this day, the families were welcomed with a breakfast prepared by the confectionary students, a rhythm of the day and group dynamics, as well as a visit to the institution's spaces.

Financing Partners: Municipal Secretariat of Assistance and Social Development | SumUp | Institutional Partners.

Biographical Coffee with Ute Craemer

The participants of Tecendo o Futuro Monte Azul and Jovem Aprendiz programs held a biographical coffee at the home of Ute Craemer, founder of the Association. The coffee is the result of a process of conversations with people close to Ute, months of studying her biography, and drafting questions, which generated a chat with many enthusiastic young people and a video shared during Christmas Integration.

Young Apprentice (*Jovem Aprendiz*)

Attendances: 20 young people trained and hired as apprentices.

Description: Monte Azul is also a training entity for young people aged 15 to 23 years for "Jovem Aprendiz" Program, a federal government initiative. In addition to offering training for professional and personal development, it partners with companies, and monitors the placement of the students in the job market.

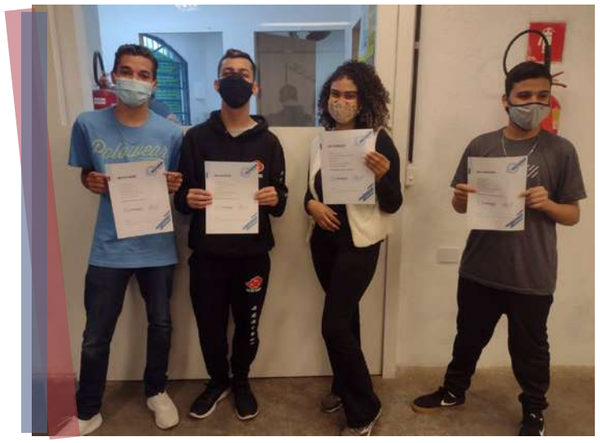
Activities: Support in the preparation and updating of 74 resumes and search for companies with available fixed or temporary vacancies. In May, a selection process was held for a typist for the Vaccine Registry and I Can Help, in partnership with the Family Health Strategy. In a total of 54 candidates, 19 young people trained by the program were approved.

The theoretical activities go far beyond preparing the young people for situations in the corporate world. As an occasional activity, employees from different areas were interviewed by the apprentices, transmitting their life experience. The Apprentice of the Month recognition activity encourages the participants to be more involved in their learning. In the Administrative Practices course, the apprentices were able to identify that logistics goes far beyond just doing transportation, it encompasses higher quality at lower time and cost. The content Reading and Understanding Texts encouraged reading and helped to improve oral and written communication techniques.

Financing Partners: ICVMS Empreendimentos e Participações Ltda | Institutional Partners.

Companies that welcome the young apprentices:
13º Oficial de Registro da Capital | Aryzta do Brasil | Associação Beneficente Guainumbi | Associação Cultura Franciscana | Open Text | Weleda do Brasil.

"It allowed me several horizons, such as having my first experience with the job and improving my communication. The welcome brought me a lot of happiness, because I made many friends. Talking about the activities, they are very didactic and interesting, the teachers are welcoming, challenging us to learn more and more. The dynamics also teach me a lot, meditation not to mention, these are habits that I learned here and will take with me for life. I have many examples of friends who went to trafficking, stealing, others even became beggars and for sure the course and Monte Azul itself could transform the lives of these people, so as I've been saying for months, Monte Azul has changed and transformed my life"
Pedro Augusto dos Santos, Young Apprentice at Aryzta do Brasil.



Conversation with Tammy Soares, Music School Coordinator.

HEALTH

Resilience 2021

This article is dedicated to the midwife Angela Gehrke and her mother Irmela who has just passed away at the age of over 90. She lived and passed away in the certainty that her daughter, who died 20 years earlier, contributed so that more babies could be born in peace, according to the individuality of the baby and the mother... I am sure that Irmela, from wherever she is now, is looking with love and wisdom at us, and especially at the Birth Center.

September is an interesting month. September 7 as the national day and also as the day the first Waldorf school was founded in 1919. September 11, the day of terror and fear. September 21, the INTERNATIONAL DAY OF PEACE and September 29, the day of Archangel Michael. What does all this have in common?

Michael is the Archangel of courage, of confidence, of silence, of turning to oneself to create courage to act in the world. His name is a question: Micah EL means "who is like God"? And we can ask ourselves: **what is the human being? A being between heaven and earth, between light and darkness, between the highest ideal of sacrificing oneself for another being; or the most destructive, taking pleasure in hurting the other, in killing, burning alive.** Two extremes that we could see on September 11th.

Waldorf education was founded as an antidote to the carnage of the First World War, in an attempt to nurture the child with the certainty of his divine origin and the certainty of his task on earth, giving children and young people the tools necessary to act in all environments of the world. In the pandemic it became very evident that the materialistic and competitive culture needs to be replaced by a culture of respect for living beings.

We need a pandemic of philosophy, metaphysics,

a change of habits, a culture that is born in the heart, in the most intimate part of the human being to, from this, build something positive in the mind and act in society. It is in the mind, as the UN says, that the bastions of peace are built, but I would add, is this the only way? Is the will for peace not born in the heart and then illuminate the mind and move the limbs, our hands and feet?

Giving birth - a beautiful expression for giving birth. When I think of Casa Angela, I think of that first moment of seeing the light of the earth, of entering earthly life... a unique moment that needs to be cared for, wrapped in warmth, care, patience. A sacred moment even if accompanied by pain and sometimes screams.

Every kind of birth is accompanied by pain. The birth of a more peaceful, less polarized, more humane world is essential for today's world. It is the beginning, it is the labor, the birth.

'If we are not kind to life, the garden within us dies,' say the native Waitaha people of New Zealand.

Text by Ute Craemer, for the International Day of Peace. There was a lot of dedication so that today we could have Casa Angela as a reference of humanized childbirth. Our deepest gratitude goes to Dr. Anke Riedel, who has worked tirelessly to make this dream come true.

Casa Angela

Attendances: 20.550 prenatal and postpartum services, including 549 accompanied deliveries and 459 completed deliveries.

Description: Casa Angela serves for free users of SUS who live in São Paulo. In addition to humanized childbirth care, it offers training, sexual and reproductive planning and complementary therapies.

Activities: Virtual prenatal group offered for pregnant women from 28 to 40 weeks. Topics: Questions with the Midwife; Stages of Labor and Body Movement; Delivery Plan and Plan B; Baby Care; Breastfeeding; Postpartum; Gerar Fit - Physical activity group for pregnant women; Pregnancy, Childbirth and Postpartum Sexuality.

Group for postpartum mothers with babies from one month to one year old. Topics: Doubt-room with the Pediatrician; Developing the 12 senses class; Shantala class; My first months; Postpartum and the construction of motherhood; Baby development; Breastfeeding in the postpartum - challenge throughout the months; Breastfeeding and returning to work; Food introduction; Gerar Fit - Physical activity group for puerperae; Sexuality in pregnancy, labor, and postpartum.

Financing Partners: Municipal Health Secretariat | Kindermissionswerk | Droga Raia | Editora MOL | Arredondar| Institutional Partners.

Outros parceiros: Fiocruz | Mãe na Roda | UNASP.

CASA DE PARTO
'MONTE AZUL'

"When we arrive, we are welcomed by the doormen. At the reception, we are warmly welcomed by the attendants, and when we are in consultation, we feel empathy for everyone who is performing the assessment. To my delivery team, how grateful I am for the patience, love, welcome, and encouragement these women have given us. I never allowed myself to really feel the full experience of childbirth, being that I already have two children from hospital births. I felt totally safe to express the intensity of what it is to give birth. And I can't forget to thank the postpartum care. They take care with all the love of our alimentary health so that we can have energy to breastfeed our babies." Carla Fernanda Oliveira, patient.

Nupec

Attendances: 631 health professionals.

Description: Center for Research, Teaching and Consulting related to humanized childbirth, in order to strengthen the discussion and guarantee the rights of public policies.

Activities: Structuring of the virtual learning environment, two recorded courses: Natural Gynecology - Developing an integral look at female gynecological health and Breastfeeding Course - Developing the ability of how to guide a mother who wishes to breastfeed. Technical visit to present the House to those interested in getting to know the assistance model. Courses for health professionals: Childbirth care, neonatal resuscitation, and the immersion course in good practices in humanized care for maternal and neonatal health. Internships for post-graduate students in obstetric nursing.

Partners: Agreements with UNASP, UEL and USP colleges.

Monte Azul Ambulatory

Attendances: 8.863, including 1.209 medical consultations, 1.862 therapeutic visits, and 5.792 nursing visits.

Description: Monte Azul Ambulatory promotes health care to the population, through an interdisciplinary care model based on anthroposophic medicine.

Activities: Therapies and medical specialties offered: Nursery, Outpatient Therapies, Pediatrics, Quantum Medicine, Clinic, Psychiatry, Gynecology, Clinical Neuropsychology, Psychology, Biographical Counseling, Art Therapy, Mindfulness (meditation) and Life & Health Coach, Physical Therapy, Speech Therapy.

Production of the booklet **Self-Care in the Pandemic** with multidisciplinary knowledge for day-to-day health. ***Click on the image and access the content***; **Therapeutic Ciranda**: Development of a case study method and enables reflection and joint action of the multi-professional team; **Continuous Learning Meetings:** Weekly meetings developed for health professionals to exchange knowledge; **Narratives Group:** Listening and exchange group with leaders and educators on common themes to the collectivity; **Michael in Haiti:** Reception to Haitian refugees from Monte Azul Community and surroundings with professionalizing and personal development courses; **Lecture Herbs, Health and Ifá:** Lecture by babalawo Dr. White with the objective of exchanging knowledge about Medicinal Herbs, with the presence of a Nigerian delegation.

Testimony - Outpatient Therapies / Biographical: Patient B.A.L.P. 21 years old, with complaints of anxiety, depression with suicide risk and insomnia. Joint consultation between medical consultation, biographical counseling and external therapies. In the first sessions, complaints of insomnia and anxiety crises. From the 4th session on, she reports her improvement on the anxiety issue and being able to sleep much better. In the 7th session she reports that in the last week she felt as good as she has felt in a long time. We are in the 9th session and she is doing very well.

Financing Partners: ICMVS Empreendimentos e Participações Ltda | Christophorus Stiftung | Spykman Foundation | Shanti Stiftung | Doadores Campanha 100 km | Institutional Partners.

Other partners: Dr. Carlos Alberto Alarcón Adorno | Farmacia Sirimim | FarmaWegman | Farmácia Weleda.

Illuminating Lives (*Iluminando Vidas*)

Attendances: 2.515

Description: Continuous health care for children and young people, complementing the healing potential of Waldorf Pedagogy with the therapeutic resources of anthroposophic medicine.

Partner: Municipal Secretariat of Human Rights and Citizenship – SMDHC/FUMCAD.

Family Health Strategy (*Estratégia Saúde da Família - ESF*)

Attendances: 2.466.572 services provided to the population[1].

Description: Health assistance through the management of 15 public organs in Jardim São Luís district - 1 AMA (Medical Outpatient Care), 3 AMA/ UBS Integrada, 9 UBS (Basic Health Units), 1 EMAD (Multidisciplinary Home Care Team) and 1 CAPS AD III (Psychosocial Care Center), with prevention actions, besides disease treatment and follow-up of the most diverse clinical and social conditions.

Activities: Vaccination campaigns against Covid in the units and satellite support points in the communities. Preventive and orientation actions to raise awareness of the population during the pandemic. Hosting and humanization actions, which broadened the look beyond health. Activities carried out in some of the units:

UBS Jd. Souza – Yellow September: training for employees with reflective action on current behavior, life plan and ability to carry out projects. Conversation circle and playful activity with CAPS professionals.

CAPS AD III Jardim São Luiz - Support in the reception of psychiatric beds for release of COVID 19 beds at Campo Limpo Hospital, with the aim to contribute to the network articulation in the territory. Challenging decision that required resilience to reconcile two services with differentiated care (HR and Care) on a daily basis.

UBS Jd. Celeste - Healthy Habits Group, conducted by the Nutritionist of the Multidisciplinary Team. The goal is to improve eating habits and lifestyle changes.

1 Source: SIGA Health - Statistical Data Report, extracted on 03/11/2022

UBS Pq. Santo Antônio – Pilates in the Quebrada Project, with the intention of providing access to quality exercise for the community, reducing joint pain, markers raised by testimonials from the population.

UBS Novo Caminho – Actions in the several lines of care (women's health, children's health, health of the elderly, vaccination campaigns, among others).

AMA/ UBS Jd. Alfredo - Graffiti painting of the unit's wall, adjustments to the buckets and a work to raise awareness about waste management, Health Education care, in partnership with SABESP, the Subprefecture and PAVS.

Partner: Municipal Health Secretariat.

To improve the SUS management processes, offering excellent care to the population, as well as strengthening the work processes, six ESF managers had the opportunity to be trained, based on tools for analysis and practices for dialogue.

"We had one of the most welcoming, fun, and constructive moments of this dense period, our Circular Process. We learned how to optimize materials management, how we can perfect the ambience for a Basic Health Unit. It contributed to increased bonding, trust and respect among the ESF management team."

CULTURE

30 years of Community Culture

"The Monte Azul Cultural Center is a very important space for the communities, because it guarantees in a more human way the access to culture through theater, music, dance... One of the first cultural spaces in our region that forms and has formed many artists over these years." Cido Cândido, co-founder of ACMA and Theater Director.

The Monte Azul Cultural Center is completing 30 years of existence, an important milestone for a cultural space that contributes immensely to social and community development, and through resistance and persistence keeps the flame of arts and culture alive in the southern outskirts of São Paulo. Inaugurated in 1991 in the Monte Azul Nucleus, it consolidates the belief of Monte Azul community Association that culture is food for the soul, it comes from the roots; and art is a source for integral development of the human being.

It became one of the first independent cultural spaces in the city and was born within a cultural context of vulnerable reality, becoming in this process a reference and welcoming place for several artists of the most varied artistic languages. Its trajectory includes the passage of many important people that today are part of and move the cultural scene of the peripheries and of the city as a whole, besides being recognized by the public authorities in the municipal and state spheres as a Point of Culture in the capital, being part of the network of spaces that generate and articulate the independent culture movement.

Text by Roberto Krust, Coordinator of Raízes Culturais. For complete reading, click here.

Construction of Monte Azul Cultural Center in 1991.

Cultural Roots (*Raízes Culturais*)

Attendances: 296 young people and adults participating in the workshops.

Description: Promotes artistic and cultural activities, theater, dance and music shows at the Monte Azul Cultural Center and aims to expand the cultural repertoire of the assisted public.

Activities: In the first semester, the lives with guests who work in the cultural field connected the public with diverse themes (2,047 views). The return in person of the cultural workshops, in the second semester, brought to the participants a healthier and more harmonious life moment. Workshops offered: Samba Rock, Forró, Theater, Guitar and Visual Arts. The Cultural Center's theater started performing theatrical and musical shows again, with a partial audience.

29th Monte Azul Theater Show: The theater show took place in an online format in July. Eight shows were broadcast via the Cultural Center's Facebook page:

Buia Teatro Company – Cabelos Arrepiados Spectacle; Cia. Arte Raiz – O Resto é Silêncio Spectacle; Grupo TEMA – Sentimentos Spectacle; Cia. Coletivo Amígdalas – Verbo Mulher Spectacle; Augusto Haagensen – A Dura Vida de Gerete Assis Spectacle; Cia. A Jaca Est – Aguenta Mão João Spectacle; Cia. Terranova – Na Anatomia Oca dos Pássaros Spectacle; Dani Silva – A Vida e a História de um Dançarino de Forró Spectacle.

Financing Partners: State Secretariat of Culture - Pontos de Cultura Award | | Institutional Partners.

Other Partners: Coletivo Forró em Cena | Coletivo Samba Rock Cultural | Grupo TEMA | Artistas da região | Cia A Jaca Est de Teatro | Cia. Brava Companhia | Fábrica de Cultura Jd. São Luiz | Coletivo Mentaliza Cine Favela | Parceria Ambulatório e Comitiva Nigeriana | Projeto Faz-se Forró | Grupo Diversidança.

Release of one of the shows: Sentimentos Spectacle, by Grupo TEMA: Stories of people who caught the coronavirus and those who experienced, along with family and friends, feelings such as fear, sadness, anxiety, but who didn't lose hope and love for people, family, and life.

Culture Corner (*Pontinho de Cultura*)

Attendances: Average of 150 children and teenagers attended.

Description: Pontinho de Cultura is a public space of healthy community interaction for children and youth after school hours in the center of the Monte Azul slum. The recreational and cultural activities stimulate sensitivity, creativity, and collaborative human development.

Activities: Free play, cooperative games, art workshops and according to the times of the year. Highlights of some activities:

Mosaic: Separation of materials, together with the children, to beautify the stairway of one of the alleys of the Monte Azul Community, using their imagination and leaving the space with more colors.

Circus Art: Unicycle, wooden leg and giant tire are a success in Pontinho, most want to play, even the smallest with the help of educators participate in the fun. After two days of training, learning, and concentration, the children performed for the public assisted by CAPs AD III.

Day of Black and Human Consciousness: There were games and activities of African origin, such as capoeira. We identified how African culture is present in our daily lives, and worked on body expression and human consciousness. They finished with a round of conversation and expressed their feelings in drawings, and spread the posters around the community and at the entrance of Pontinho.

Financing Partners: 13º Oficial de Registro da Capital | Acacia Fonds für Entwicklungszusammenarbeit | Edith Maryon Stiftung | Zukunftsstiftung Landwirtschaft | Institutional Partners.

Other partners: Digicont | JKE Pescaria.

Festivities - Folia de Reis

With an afternoon of singing and happiness animated by the group Estrela Guia da Paz at the Monte Azul Cultural Center, the Folia Season began in November, with rehearsals, weekly presentations, and invitations to new members, which lasted until January 6, Three Kings' Day (*Dia de Reis*).

This Folia emerged through Ute Craemer, founder of the Monte Azul Association. She discovered the Folia de Reis in Santa Helena (MG), and brought this culture to the heart of the shantytown, which united people from Minas Gerais, Bahia, Paraíba, Germany, Japan, Ceará, and other places. Today there are 25 to 30 components in the group, to bring music, joy, and appreciation of Brazilianness.

"When the favela was still a place of shacks of boards and black plastic, the alleys full

of mud and the shacks in danger of sliding, we rehearsed a Christmas theater with the educators from the day care centers (...)

On the day of the presentation it rained cats and dogs! But we took advantage of a moment without rain! We went out in a big procession (...)

Then old Antonio Macetino picked up his guitar and started singing. Everyone repeated the refrain. Seu Antonio sang the Kings, and thus we discovered that this old tradition existed in the shantytown (...)

In 1992 I had the great chance to accompany a folia in the North of Minas, near Machalis. We walked - Geni and I - together with the reseiros for three days and three nights, up and down mountains, crossing streams and swallowing dust (...)

Every year we research new music coming from various regions of Brazil, Bahia, Paraná, São Paulo, Minas Gerais, and Pernambuco."

Parts of the book Folia - Estrela Guia da Paz, written by Ute Craemer, in 2008.

Folia de Reis at Peinha: Rehearsal in which the children had the opportunity to see and hear traditional songs in an intergenerational meeting, and later present to their families a play with the same theme.

ENVIRONMENT

"If you don't take care of the space, it will become allotment."

Wise words from dear master builder Miguel, spoken more or less 15 years ago. Almost the entire region around the Guarapiranga Dam, besides the pollution of the streams' waters, has been transformed into clandestine subdivisions due to housing needs.

We took Miguel's words to heart and managed to acquire the land where the Educational Garden is located.

Thus, many Brazilian volunteers (including the Guaraní Indians of Maquiné) and foreign volunteers and collaborators have worked very seriously to turn this place into a small agroforest, an incredible diversity in an urban place, where flora and fauna are recovering their joy and will to live together with the human being. Carijós, d'angola, tanagers, tizius, biquinho-de-lacre, doves, herons, bem-te-vis, sabiás, parakeets, jacus, canaries, saruês, teiús, caxinguelês, green snakes, coral snakes, and miquinhos.

Thus, this place, sacred to us, has the task of receiving children, young people, the elderly, health care teams, convalescents and everyone who freely wants to rejoice with Mother Nature: walking barefoot, tasting a fruit from the Atlantic Forest (uvaia, pitanga, jaboticaba, wild cherries), having tea or coffee and a meal on the wood stove.

Educational Garden (*Horta Educativa*)

Attendances: Average of 40 to 50 people per week (children, youth and adults).

Description: Educational garden, a small agro-forestry located in the urban area.

Activities: Starting on May 1, a Meeting of the Pedagogy of Making with Meaning and Love was held every first Saturday of the month in the Educational Garden space.

On another occasion, the various professionals from the Basic Health Units and also the elderly cared for by the Units were welcomed to experience a healthy morning in the warm and welcoming environment that is the Garden.

As part of the Resilience School's educational activities, the children in some classes have their classes once a week outdoors in the Garden where they help plant and/or water the plants, in addition to the possibility of experiencing their learning connected to nature and the environment.

Financing Partners: ICMVS Empreendimentos e Participações | SAGST | Institutional Partners.

Transform is Possible

João Pedro, a resident of the Horizonte Azul Community is a very capable, responsible and creative young man. He had a childhood with complications and a difficult adaptation to the traditional public school education. Despite the lack of reading and writing skills, he spontaneously plays musical instruments by ear (flute, keyboard, and others). He is very interested in learning and developing new forms of sustainable and ecological energy. Shy by nature, he found in the Educational Garden, through the Pedagogy of Making with Meaning and Love, a welcoming and loving space where he can put his talents at the service of the community, through daily maintenance activities and productive and creative work in the small agro-forest located in the urban area.

In this little group of five people in the Educational Garden he feels respected, loved, and part of a social organism where each individuality has its space and talent recognized. Here he feels very happy... welcoming residents, groups of children and young people, professionals, and the elderly cared for by the UBS. He regains his self- confidence and trust in his coworkers, participates in the weekly meetings, expresses himself with ease and unparalleled wisdom. His work is totally voluntary. We have learned a lot with João Pedro!

ORGANIZATIONAL DEVELOPMENT

Learning by working - working by learning and building the exercise of Social Trimembership

"The well-being of a group of people working together is the greater the less one claims the results from his/her work for himself/herself, that is, the more of this result he/she gives in to his/her collaborators, and the more his/her own needs will be satisfied not by his/her own work, but by the work of others." Rudolf Steiner's main social law

An experienced Social Trimembration is always a path with many questions and attempts. At Monte Azul we can describe this path in the three spheres through the following questions:

How to make sure that everyone, in his/her own way, kind or intelligent, genius or a little confused, illiterate or with a PhD, very enthusiastic or even a little weird, has the possibility and the space to be authentic, be able to bring innovative ideas, propose solutions never thought of; how to make the light of each unique person shine, develop and be a star in the institution?

How and where do you decide on rules and agreements that provide security and clarity for the operation and that make the doorman equal to the lawyer? How do we optimize and ensure the flow of information to make equality possible? How do we find ways to integrate the laws that come "from above"? How do we really delegate responsibilities, collaborate with those who are leading and coordinating? How to avoid conflicts so that the whole flows? What is a modern hierarchy, in the sense of Social Trimembration?

How to make each area and function efficient, keeping in mind again and again whom or what it should serve? How to make the capabilities of each individual serve the needs of the whole or a specific need? How to satisfy, at least minimally, within such an unequal wage system, the needs of each individual?

In daily practice we consider all employees as educators, whether they are cooks, cleaners, janitors, etc. They participate in the "thursday meeting," sometimes in a pedagogical meeting, or in one of the various work committees. I never forget how Z, our cleaner, participated in the pedagogical observation. She had a special eye for the children, she knew how to observe the children in the yard like no one else. She knew how to describe and characterize the children with a lot of sensibility, to say if their way of being was more blue or more orange or blue and orange mixed together or if she looked like a rain stick or a flute. In these observations she was fundamental for us to find solutions and new ways for the children.

The power of action and creativity has always been very present and intense at Monte Azul. But the actions have always been interspersed with reflections, born from each one's own experiences, often with the help of art. Art is a bridge between the inner and outer world, between heaven and earth, and can express and make visible an experience, a situation, a conflict, often so difficult to put into words. This is how a methodology of learning together was developed: starting from each person's experiences, artistic expression, and joint exchanges and reflections, to arrive at new understandings. These in turn can flow into the work.

Text by Susanne Rotermund, Artist and Coordinator of "Escola Oficina Social."

Social Workshop School (E*scola Oficina Social*)

Attendances: 194 participants at the workshops.

Description: It is the development path for all people connected to Monte Azul. It works with the social curriculum so that the collaborator can develop in the professional, social and cultural aspects.

Mainumby Memories Project

Interviews and focus groups with several people who built this history, participation in a research group at the Rudolf Steiner College (FRS), presentation of the research at the Environment and Education Congress of the FRS and an article about the gestation of Monte Azul.

"If I am what I am, it was for Mainumby. Because, many times, I didn't understand the speeches, the theories they brought. The practice made me the educator I am today. I am very proud of the educator I have become."
Testimony of an ex-educator from Monte Azul.

Mainumby Training Course

In the first semester three meetings were organized with the theme "Our Children and the Child in Us", in the second four meetings with indigenous teachers "Nhe'É Porã - Sacred Words: Native Knowledge for Educators".

It became evident that the Guarani and Tupinambá cultures are in deep dialogue with the principles of Waldorf Pedagogy, concerning the image and development of the child, the integration with nature, and the respect for the human and life itself.

Workshops for employees - EOS

In the 1st semester, the workshops for the collaborators were given by many professional artists and students finishing the post-graduation course of Arts in Waldorf Pedagogy. For the 2nd semester, many collaborators felt able to pass on the content learned to 53 participants. Workshops held: Watercolor, Clay, Drawing your biography, Slate drawing, Shape drawing, Gardening and medicinal plants, Yarn mandalas, Manuals - yarn workshops, Meditation, Modeling, Movement and eurythmy, The body as a path, Knitting and conversation circles. In December, the works were exhibited for a week at the Cultural Center.

EOS Extended Group Meetings

An Extended Group of the EOS was formed, composed of members of the Development Council and representatives of the nuclei. A training for future mentors was carried out in four meetings, with an average of 15 to 20 participants in each of the nucleus, Monte Azul and Horizonte Azul.

Financing Partners: Instituto Mahle | Institutional Partners.

Outhers Partners: Faculdade Rudolf Steiner | Adelsin | Alessandra Cabral | Ana Flávia Basso | Ana Paula de Souza | Ana Teresa Retz | Adriana Franca | Arnulfo Moríngio | Awaju Poty | Beatriz Retz | Calima Jabur | Cathia Hantschick | Cecília Erismann | Daniela Ehrenwinkler | Fabrísia Freitas | Gilda Quintão | José Américo Menezes | Karaí Mirim Lima | Karai Pedro-Xeramoi | Lígia Kawall | Lívia Gomes | Luã Apyka | Lucas Kuaray | Luciana Retz | Maira Américo | Marcos Rotermund | Marli Araújo | Michel Wera | Renata Barreto | Romilda Dias | Sandra Moura | Tupãju | Vanda Amaro | Vania Guimarães | Yan Mirim Ju.

Humanization

Attendances: 2.000 young people and adults from the Family Health Strategy Center and Monte Azul Association, study group participants, readers/ customers of Monte Azul Editions, college and high school students.

Description: Through meetings with people and organizations, it seeks to humanize coexistence so that, starting from their differences, there is room for a fair and loving dialogue.

Activities: Lectures, courses, study groups and national and international lives:

1. Lectures The universal and the individual Japan;

2. Monthly Mani study group on good and evil in contemporary life;

3.Contemplative dialogues with Renate Nisch, Rogerio Calia and Dr. Sheila;

4. "1st International Creativity in Solidarity Journey", with the objective of promoting the Integral Human Being;

5. International conference "Human Soul", on Human Dignity and Brazil, with Ute Craemer and Rodrigo Rubido;

6. "Pentecost Circle", St. John's, Micael's, Advent and Christmas;

7. Monthly course with Daisuke Onuki (CRI Japan) and Ute Craemer, local and universal;

8. 2nd Humanized Education Week - Education as a plural consciousness connected to the life of Mother Earth - Moveh;

9. Lecture Urgent Education: the human being on the planet with Ute Craemer

> *"The more one looks out for another human being, for another child, for a young person, for an older person, the more one dedicates oneself, the more human I become."* Ute Craemer's lecture at the Humanized Education Week

10. Lecture Gaia Education;

11. Celebration of two years of CaminhAção! Lecture with Ute Craemer, Paulo Vicente and locals CaminhAção;

12. Multiple Humani: Workshop on Values, Universal Integrity - Acting Collaboratively;

13. Weekly training of the Folia de Reis "Estrela Guia da Paz", during november and december, for approximately 10 performances.

Financing Partners: CRI International | | Institutional Partners

Others partners: Daisuke Onuki (CRI Japão) | Ecomediar | Ed. Antroposófica | FEWB - Federação das Escolas Waldorf no Brasil | Goetheanum | Moveh | Movimento Pindorama | SAB | UNINOVE | WSIF.

Collective painting of IntegraJovem and painting for the ESF;

Monte Azul Editions

Attendances: 320 books sold.

Description: To publicize the social experiences of the Association and the principles of Waldorf Pedagogy and Anthroposophy in a simple and appropriate language for educators and sympathetic public.

Ativities: 320 books sold and 20 books donated. Layout and revision of the book "Esta é a minha Vida (This is my life)" by Regina Celia dos Santos, a revised and layout workbook, organization of the book " A conversation about anthroposophy", organization of texts and notebooks in four languages.

Monte Azul International e.V.

Total de membros: 105 people.

Board: Christoph Meyers, Darlan Barbosa, Julia Meller, Massa Ru Ando, Tatiane Andrade, Tobias Debald, Viola Ehm.

Description: Association founded in Germany by former volunteers. They meet annually to strengthen the spirit and flame of Monte Azul. They support campaigns and actions for projects.

Activities: Annual meeting of volunteers held on November 13 in Mannheim, Germany. An action was organized in Betterplace for international mobilization of resources for Casa Ângela, in the amount of 5.000 euros, which is still in progress. Sending postcards to members of the Verein (Association). Dissemination of Monte Azul International e.V.'s work through stands organized by Massa.

Institutional Relations

Description: Responsible for resource mobilization, communication, project development, partnerships, visits and lectures in Brazil and abroad and has transparency, sustainability and fraternity as guiding principles for friends, partners and donors.

Activities: Articulations with partners, external and internal audiences, project development, donations, outreach and relationships. Organization of the Help Feed a Family campaign. Accomplishment of thanksgiving event to partners. Implementation of Salesforce.

Data referring to 2021: 47 individual donors in Brazil | 142 *Nota Fiscal Paulista* donors | 13 institutional partners | 8 private entities for institutional support in Brazil | 165 foreign individual donors | 18 foreign sponsors | 18 approved projects.

Institutional partners: Acacia Fonds für Entwicklungszusammenarbeit | Aumund Foundation | Auwärter Stiftung | Alles Blau Viagens e Turismo | BNP Paribas | Clube Transatlântico | Children Resources International (Japão) | Christophorus Stiftung | Freunde der Erziehungskunst Rudolf Steiners e.V. | Fundação Kondor | Fundação Semente Oré | GLS Treuhand - Zukunftsstiftung Entwicklung | ICMVS Empreendimentos e Participações Ltda | Instituto Paripassu | Kofmel - Schwab | Lepeda do Brasil | Linemed Hospitalar | Shanti Stiftung | Software Ag | Spykman Foundation | Stiftung Edith Maryon | Individual Donors. **Supporting partners:** Cíntia Woko | Dona Ana Films | Fabiana Mello Coaching, Consultoria e Treinamento | INDEX | Ponto Social.

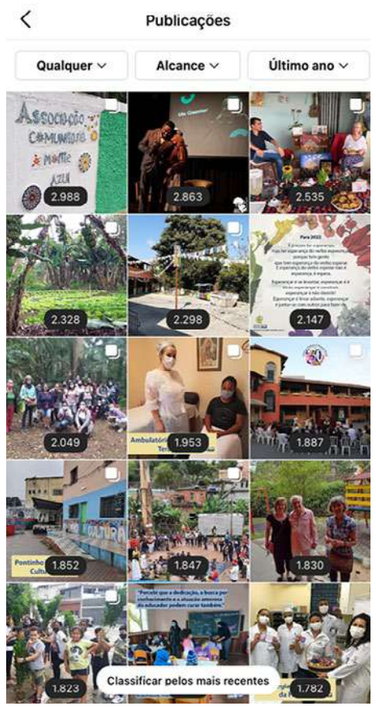
Partners and Donors Event

On November 23, Monte Azul held a Thanks online event for Partners and Donors. It was a moment of much celebration, institutional and partner speeches, thematic presentation on Resilience by the students of the Music School and TEMA Group - Monte Azul Theater, and broadcast of 2021 Monte Azul retrospective video.

"This partnership began in 2015 and today has extended to several areas within the bank. Most of the resources are allocated to the Music School. We are very proud to have Monte Azul as a partner and that it meets the requirements of BNP Paribas' social pillar". Helena Ralston Peters, Deputy CEO Wealth Management Brazil - Banco BNP Paribas Brazil

Communication Highlights

- 1.690 accesses to the website every two weeks (annual average);
- 14.500 people reached on Facebook;
- 5.150 people reached on Instagram.



Interview with Renate Keller Ignacio about "Playing" for TV Cultura's Programa Opinião.

Article about Casa Angela in Veja São Paulo. Click here to read.

Resilience School and Educational Garden in GNT's documentary Hope Technologies.

Administrative

Description: Responsible for the areas of finance, purchasing, technology, legal and human resources, provides support to Monte Azul, Peinha and Horizonte Azul Nuclei. With an assertive and human look, it seeks to guide and contribute to solutions with each coordinator, ensuring financial and process transparency.

The Family Health Strategy (ESF) has another administrative structure focused on the management of the 15 health units and makes it possible for the Personnel Department (DP) and the Specialized Services in Safety and Occupational Medicine (SESMT) to provide the necessary support.

Activities: The administrative area worked with planning, accounting adjustments, implementation of a new system and adjustments for the General Data Protection Law (LGPD).

Parceiros: Institutional Partners.

STORIES AT MONTE AZUL

Social transformation in the life of an assisted child

This year, we received a child with special needs at Infância Querida Flamboyant nursery. With no movement in his lower limbs, almost no expression on his face, and a protruding intracranial valve, this still did not prevent him from interacting with his teachers and classmates. For a healthy development within the Pickler approach, we know that babies' movements should be free. So the teachers began to prepare an environment in which he would feel welcome even with his limitations. One teacher made pillows and gave him an adapted chair.
The first day he sat in this chair his reaction was indescribable, because until then his activities and meals were with him on the teacher's lap. When he felt that he was part of the whole, his eyes shone, and from then on his movements developed significantly. He can already crawl around the room, the yard, and can feed himself.

Report on baby Arthur, age 2.

Social transformation in the life of an assited adolescent

Danilo, 13 years old, is one of the teenagers assisted by Nossa Ciranda at Horizonte Azul. When he arrived, he did not care about instructions, had a disobedient behavior, talked a lot of swear words, and was very aggressive towards other children. His adaptation was very difficult in the first year and today, after experiences inside and outside the area, stimulating autonomy and interaction, he already trusts, talks, listens to instructions, and respects his colleagues. A relationship was built little by little, with the educator being a male reference figure, supplying the absence of the father, who does not keep much contact with the youngster. Because of his somewhat intense personality, he suffered a lot of oppression at school; people always said he was involved in trouble. The affective bond with Nosso Ciranda was growing, he improved a lot in several aspects with the experiences in class, manual work such as sewing, African paintings, and challenge games, among other activities.

Report by educator Felipe Humberto, from Nossa Ciranda Horizonte Azul. The name of the teenager was changed to preserve his identity.

Social transformation in the life of an assited young person

Ricardo, 35 years old, has moderate intellectual disability and was reinserted in Caminhando Juntos in 2019. Since the return to face-to-face care, the young man's family opted for the reintegration, considering how much he missed the activities.
In the first face-to-face visit, which took place in May 2021, a regression in his development was noticeable in terms of his self-confidence in walking alone, since he only felt safe when he was in the company of his colleague Edgard. With this, we worked on this issue, leading the youngster to exercise his autonomy and independence, even more so because he has a good understanding of verbal commands. As time went by, we noticed that Ricardo was more self-confident and, in October 2021, he started to make the round trip home by himself, an excellent achievement during his time in the Program, since he is not literate and achieved it by memorization. The family, very cautiously, has been following the whole process.

This transformation was also noticed by his colleague Edgard, who after a period away for health reasons, today verbalizes that his friend is the one who brings him. Ricardo has been developing his classroom activities with verbal commands and is autonomous in his tasks, overcoming societal barriers due to his cognitive limitation.

Report made by Caminhando Juntos team.

Social transformation in the life of a collaborator

I have been a teacher since I was 19 and I dedicated a lot to my professional development. I was always preparing myself, taking courses, reading books. Because I thought I had to know a lot and I wanted to be prepared to be able to help children more. Coordinating the work of Nossa Ciranda, I have learned that the educator has a great opportunity to make a difference in the lives of children. I have realized that the educator's dedication, search for knowledge, and loving action is also a source of healing.

So, today I dedicate myself with humility to the great task of educating. The daily work with children demands dedication, health, and emotional balance. At the end of the day I am exhausted, but I feel very satisfied, full of gratitude and I feel that I am fulfilling my mission.

For me, being a teacher is not only "teaching". Here at Resilience School we can do other things, like planting, cooking, climbing trees, going for walks, making fire, digging holes in the ground, and the doors are always open for the family to come and participate, make soup, be with their children. It is a great opportunity for development, and every day I learn a little more about the art of education. Gratitude to the collegiate and the ever-present help from the Spiritual World.

Isabel Cristina do Nascimento Ciriaco, 1st grade teacher at the Resilience School, maintained by APRS.

RESULTS

NUMBER OF PEOPLE IMPACTED BY THE ACTIVITIES PERFORMED:

359 children assisted by the educational area.

1.068 children, youth and adults assisted by the Social Assistance area.

29.413 attendances performed by by the integral health area.

2.515 attendances performed by Iluminando Vidas Project.

2.466.572 attendances provided to the population by Family Health Strategy (ESF).

446 participations in the cultural area.

We opperate with **2.087** employees and an average of **50** volunteers.

"Looking for a project to give a better future and more dignity to a larger number of people, we looked for something related to Education. We got to know Monte Azul and were impressed with the loving environment and with the luck that some children have access to the Waldorf methodology since the beginning of their lives. We really liked the environment, it gives us a lot of joy to know that there is a place like this in São Paul, we are very happy to be part of it". Celso Scaff, Director of ICMVS

FLOW OF FUNDS

“Don’t wait for great leaders; do it yourself, person by person. Be loyal to small actions, because it is in them that your strength lies”.

Mother Teresa of Calcutta

Introduction

With the COVID-19 Pandemic still evident, the year 2021 was marked, among many other things, by pain. We had to learn, to readapt, to reflect... It is impossible to remain the same in the midst of so many changes and challenges.

We changed our priorities, our expectations, our dreams, but above all, we learned to have more empathy and hope. Thinking collectively and understanding the pains and needs of others guided all the actions of the Association, because we understand that before being students, patients, professionals or managers, we are human beings, we have our fears, desires and difficulties.

As Monte Azul, we believe that a world that is good for us is a world that is good for everyone, and that as a transformation agent we can contribute to a greater reception and inclusion of those who need it most, not only due to a moral obligation, but because we understand that everyone deserves the same respect, dignity, and why not, opportunities.

With the support of our friends and partners, who contribute in different ways to our work, we were able to continue serving our public and doing what we want and seek the most: TRANSFORM LIVES.

We would like to say that it was easy, that there was no lack of resources, that we did everything we wanted, among many other things, but unfortunately we cannot, we also face challenges and have our vulnerabilities... What we can say is that we have matured, become stronger, reinvented ourselves, a little because of our history, a little because of our team, a little because of our spirituality, and a lot, yes, thanks to our partners and donors, who believe in our work and give us the strength to keep going.

Solidarity is an exchange, we pass on to the other our energy, we open space for the new... We know that together, through small gestures and collective construction, transforming is possible, all we need is to feed the cycle.

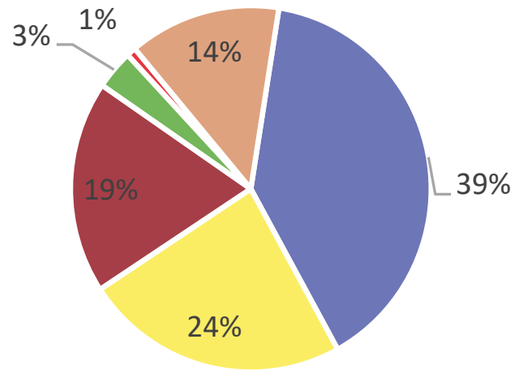
May we continue in solidarity, may we continue rebuilding, may we continue in love, one gesture, one step, one life at a time.

Richard Veloso, Resource Mobilization Coordinator.

Investment by Performance Areas

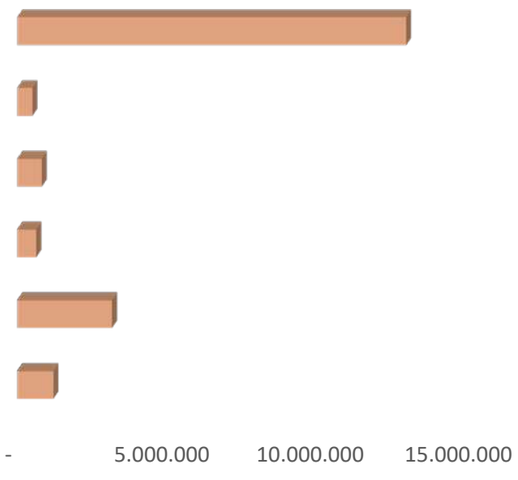
Integral Health	7.441.846
Social Assistance	4.474.633
Education	3.544.468
Environment	654.384
Culture	157.346
Organizational Development	2.566.958
Total (Values in Reais)	**18.839.634**

*The ESF values are allocated in a separate chart.



Origin of Resources

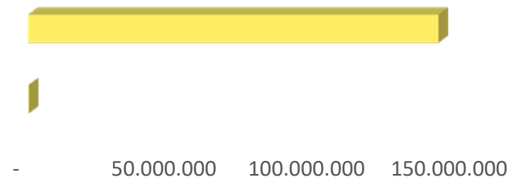
Public Partnerships	13.084.936
Incentive Laws (FUMCAD)	504.581
Sales of Products and Services	821.579
Material Donations	634.581
Donations - Individual and Legal Entities	3.184.905
Financial and Other Revenues	1.213.741
Total (Values in Reais)	**19.444.324**



*The ESF values are allocated in a separate chart.

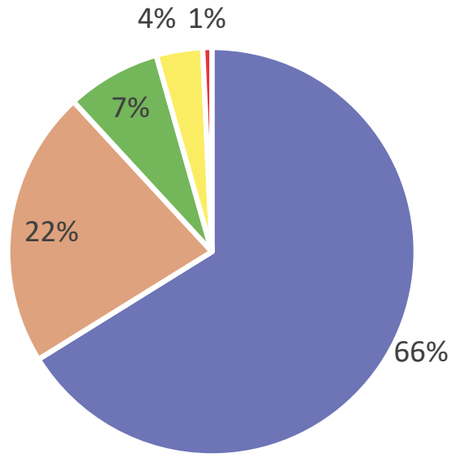
Origin of Resources (ESF)

Public Partnerships	167.362.671
Financial and Other Revenues	555.629
Total (Values in Reais)	**167.918.300**



Destination of Resources

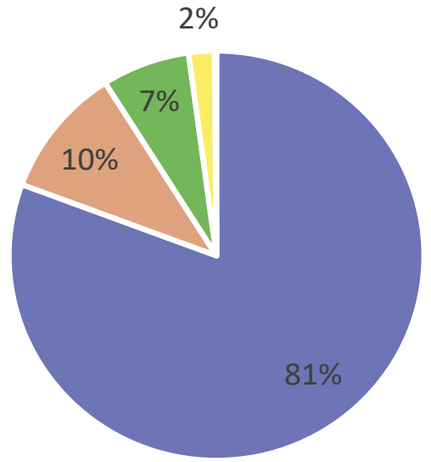
Human Resources	12.464.513
Services	4.141.433
Administrative and General Expenses	1.424.941
Maintenance and Conservation	691.809
Financial and Tax Expenses	116.939
Total (Values in Reais)	**18.839.634**



*The ESF values are allocated in a separate chart.

Destination of Resources (ESF)

Human Resources	135.428.156
Services	17.365.452
Administrative and General Expenses	11.544.330
Maintenance and Conservation	3.378.054
Financial and Tax Expenses	202.309
Total (Values in Reais)	**167.918.300**



FORMS OF SUPPORT

One-Time or Recurring Donation

Support from individuals or companies that contribute with a gesture of trust to the organization's cause. We receive donations via bank billing, bank transfer, credit card or through the "DONATE" button (by PagSeguro) on our website.

It is possible to make the donation through the accounts:

Associação Comunitária Monte Azul – CNPJ: 51.232.221/0001-26

Banco do Brasil – Agency 2434-1 Account 25001-5

Itaú Bank – Agency 0192 Account 26329-1

For donation via PIX, add the key:
CNPJ 51.232.221/0001-26

To receive a receipt or identify your donation, please contact parceiros@monteazul.org.br

Donation of *Nota Fiscal Paulista*

For those who live in the State of São Paulo, it is possible to donate your tax coupons from regular purchases, through the São Paulo Tax Rebate Program.

Follow the step-by-step:

1. Scan the QR Code or click here and go to the website. Log in. Redeem your credits before starting the registration;

2. In the Entities menu, click on the Donation of coupons with CPF option;

3. In Search (Pesquisar), type Associação Comunitária Monte Azul - CNPJ 51.232.221/0001-26;

4. Send a message to 11 95341-3075 informing your donation;

5. Provide your CPF at the time of purchase and donate automatically.

Donation for Monte Azul Bazaar

The Monte Azul Community Association receives donations, in good condition, of clothing and footwear; accessories and costume jewelry; bed, table, and bath linens; household items; decorative objects; furniture, and home appliances, for sale in the bazaar. In addition to providing the served communities swith new and used products at affordable prices, the bazaar also generates income for Monte Azul.

Contact: 11 5852-3600 | bazar@monteazul.org.br |
Address: R. Vitalina Grassmann, 290.

Other forms of support

- Sponsorship of students (donation of kits according to seasonal dates);
- Project support (Program funding, volunteering);
- Hiring Young Apprentices;
- Lectures and Workshops (Topics related to humanization, community relations, anthroposophy, resilience and social impact, among others);

For more information, please contact:
projetos@monteazul.org.br

WHERE WE ARE

Monte Azul Nucleus

Headquarters: Rua Francisco Xavier de Abreu, 483
Jd. Monte Azul, São Paulo - Tel: (11) 5852-3600

Cultural Center: Avenida Tomás de Sousa, 552
Jd. Monte Azul, São Paulo - Tel: (11) 5853-8080

Community: Rua Vitalina Grasmann, 290
Jd. Monte Azul, São Paulo - Tel: (11) 5851-0078

Casa Angela: Rua Mahamed Aguil, 34
Jd. Mirante, São Paulo - Tel: (11) 5852-5332

Peinha Nucleus

Rua Itapaiúna, 36
Parque do Morumbi, São Paulo - Tel: (11) 3744-8718

Horizonte Azul Nucleus

Rua Agatino de Esparta, 25
Jd. Horizonte Azul, São Paulo - Tel: (11) 5869-5954

Núcleo Estratégia Saúde da Família (ESF)

Rua Inácio da Fonseca, 97
Vila das Belezas, São Paulo - Tel: (11) 5851-2823

FOLLOW OUR WORK

@associacaomonteazul

Associação Monte Azul

Associação Comunitária Monte Azul

CONTACT US

monteazul@monteazul.org.br
projetos@monteazul.org.br

www.monteazul.org

Associação Comunitária
MonteAzul